

Envisioning the Future: Allies in Self-Advocacy

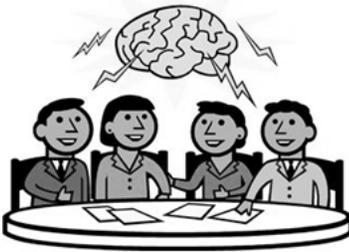
Information for Breakout Sessions

There will be three (3) breakout sessions during the summit. These are on the agenda at the following times:

1. Day 1, 1:15-2:15 pm – Organizational/Peer Breakout
2. Day 1, 3:00-5:00 pm – State Team Breakout: State Planning
3. Day 2, 10:45-12:15 am – State Team Breakout : National Recommendations

You will not need to bring anything or prepare anything in advance for these breakout sessions. But it might help you to know what to expect when you get to these breakout sessions.

1. Organizational/Peer Breakout



This will be an informal breakout session for people from similar organizations to talk together. All self-advocates from the states attending the summit will be in one breakout room, all DD Council representatives will be in another room, and other rooms will be for Protection & Advocacy representatives, UCEDD representatives, DD state agency representatives, and another area for advisors and allies.

During this breakout session, self-advocates will have these questions they might want to discuss:

- Who is here? This is a good time to meet people from other states

- What are some of the challenges faced by self-advocacy organizations in your state?
- What are some successful and creative ways your organization has overcome these challenges?

Other organizations will have these questions to discuss:

- What is your organization currently doing to support self-advocacy in your states?
- What could or should your organization's role be in supporting, promoting, and furthering self advocacy in the states, both near-term and long-term?

2. State Team Breakout: State Planning Breakout



This will be a working breakout session with your whole state team. During this breakout session, your state team will begin to work on a “state plan” for self-advocacy. Everyone on the state team,

including both self-advocates and DD partners, will work together on this plan from start to finish. Sharing ideas and resources is key. Your plan can build on what is already in place in your state and take ideas from other states.

- You will brainstorm ideas, then decide on at least 2 – 3 (up to 5) things to do next for self-advocacy in your state using current resources in state
- To help your team create a plan you will be answering the questions:
 - What?
 - How?
 - Who?
 - When?
- At the end of the session your team will identify “reporters” to share the state plan the next morning to the full summit.

<u>What?</u> What do we want to happen? What is our #1 goal?		
<u>How?</u> What needs to happen? Next steps: resources, supports, overcome barriers	<u>Who?</u> Who will do this? Partners Individuals	<u>When?</u> Timeline

3. State Team Breakout : National Recommendations



This breakout will also be a working session with your whole state team. This session on Day #2 meets the third and fourth purposes of the summit which are developing national recommendations.

During this breakout, the state team will:

- 1) Make sure everyone understands what ADD is and what they do.
- 2) Review, discuss, and add to the national **POLICY** recommendations made during the 2011 summits. (we recommend teams read or watch the 2011 report from the website: www.alliesinselfadvocacy.org to understand where the recommendations came from)
- 3) Rank the **POLICY** recommendations and decide which of the recommendations are most important.
- 4) Review, discuss, and add to the national **ACTION** recommendations made during the 2011 summits.
- 5) Rank the national **ACTION** recommendations to say which are most important.
- 6) Brainstorm what the top two **ACTION** recommendations should look like (who, what, when, where and why?)
- 7) At the end of this session your team will identify “reporters” to share the state plan after lunch to the full summit.

